



# AQUATICS SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15AM-9:00AM	LAP SWIM H2O WALK	LAP SWIM H2O WALK	LAP SWIM H2O WALK	LAP SWIM H2O WALK	LAP SWIM H2O WALK	CLUB OPENS AT 7:00AM	
8:00AM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	POOL CLOSED FOR CLEANING
9:00AM	WATER IN MOTION SONYA	WATER FITNESS CHARLIE	WATER FITNESS CHARLIE	WATER IN MOTION SONYA	WATER FITNESS BILLIE	WATER FITNESS CONNIE	LAP SWIM
10:00AM	ED PHYSICAL THERAPY 1-2 LAP LANES	S/LESSONS 1 Lane LAP SWIM 3 Lanes	ED PHYSICAL THERAPY 1-2 LAP LANES	S/LESSONS 1 Lane LAP SWIM 3 Lanes	ED PHYSICAL THERAPY 1-2 LAP LANES	LAP SWIM	LAP SWIM
10:10AM		DEEP WATER Charlie (located in Family Pool)					
11:00AM	AQUA HEALTH SONYA	AQUA HEALTH CHARLIE	AQUA HEALTH CHARLIE	AQUA HEALTH SONYA	AQUA HEALTH BILLIE	LAP SWIM	LAP SWIM
12:00PM	ED PHYSICAL THERAPY 1-2 LAP LANES	ED PHYSICAL THERAPY 1-2 LAP LANES	ED PHYSICAL THERAPY 1-2 LAP LANES	ED PHYSICAL THERAPY 1-2 LAP LANES	ED PHYSICAL THERAPY 1-2 LAP LANES	LAP SWIM	LAP SWIM
1:00PM	S/LESSONS 1 Lanes LAP SWIM 3 Lanes	S/LESSONS 1 Lanes LAP SWIM 3 Lanes	S/LESSONS 1 Lanes LAP SWIM 3 Lanes	S/LESSONS 1 Lanes LAP SWIM 3 Lanes	LAP SWIM 2 Lanes H.S. P.E. 2 Lanes	LAP SWIM	LAP SWIM
2:00PM	S/LESSONS 1 Lanes LAP SWIM 3 Lanes	S/LESSONS 1 Lanes LAP SWIM 3 Lanes	S/LESSONS 1 Lanes LAP SWIM 3 Lanes	S/LESSONS 1 Lanes LAP SWIM 3 Lanes	LAP SWIM 2 Lanes H.S. P.E. 2 Lanes	LAP SWIM	LAP SWIM
3:00PM	S/LESSONS 1 Lane LAP SWIM 2 Lanes	S/LESSONS 1 Lane LAP SWIM 2 Lanes	S/LESSONS 1 Lane LAP SWIM 2 Lanes	S/LESSONS 1 Lane LAP SWIM 2 Lanes	S/LESSONS 1 Lane LAP SWIM 2 Lanes	LAP SWIM	LAP SWIM
4:00PM-5:00PM	S/LESSONS 2 Lanes LAP SWIM 2 Lanes	S/LESSONS 2 Lanes Jr. Swim Fit 2 Lanes	S/LESSONS 2 Lanes LAP SWIM 2 Lanes	S/LESSONS 2 Lane Jr. Swim Fit 2 Lanes	LAP SWIM	LAP SWIM	LAP SWIM
5:00PM-6:00PM	LAP SWIM	ED PHYSICAL THERAPY 1-2 LAP LANES	LAP SWIM	ED PHYSICAL THERAPY 1-2 LAP LANES	LAP SWIM	LAP SWIM	LAP SWIM
6:00PM	LAP SWIM	WATER FITNESS CONNIE	LAP SWIM	WATER FITNESS CONNIE	LAP SWIM	LAP SWIM	LAP SWIM
7:00PM-9:45PM	LAP SWIM H2O WALK	LAP SWIM H2O WALK	LAP SWIM H2O WALK	LAP SWIM H2O WALK	LAP SWIM H2O WALK	CLUB CLOSED	

SCHEDULE IS EFFECTIVE SEPTEMBER 1st, 2011

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