

Pilates Program Director
Millennium SportsClub, Vacaville

Karen Nelson
(707) 446-2350

Certified Pilates Trainers

Ashley Burrell

Gina Koske

Karen Nelson

Christina Persinger

Stephanie Roberts



NEW YEAR's Specials!

**Buy 12 get 13th free
for \$708!**

**LEARN Pilates Reformer with
friends at the group rate!
ASK at the Front DESK!**

Packages of 6:

6 Students-\$96/each

5 students-\$120/each

4 Students-\$150/each

3 Students-\$210/each

2 students-\$300/each

Millennium SportsClub Vacaville

3446 Browns Valley Rd

Vacaville, CA 95688

(707) 446-2350

Photos Courtesy of Balanced Body™

Pilates

*"In ten sessions you will feel
the difference, in twenty you will
see the difference, and in thirty
you'll have a whole new body."*

--Joseph H. Pilates

